



Implement – Specialized Support for Victims of Violence in Health Care Systems across Europe

JUST/2014/DAP/5361



Train the Trainer Seminar: 21 & 22 May 2015

Address: Operngasse 17-21

TRAINERS:

Gene Feder is a medical doctor and professor of primary care at the School of Social and Community Medicine, University of Bristol. He chaired the WHO intimate partner violence guideline development group and the UK national domestic violence and abuse programme development group. He led the first trial of a health care based intervention (IRIS) for domestic violence in Europe and systematic reviews of domestic violence programmes. He currently runs a mixed method domestic violence research programme.

Medina Johnson is from Next Link Domestic Abuse Services in Bristol. Next Link provides specialist domestic abuse services for women and children in Bristol and provides a range of support and housing services to women and children experiencing domestic abuse, including safe houses/refuges, children's services, resettlement and outreach services, a crisis response service, dedicated Black and Ethnic Minority Services, and a confidential help line run in partnership with Womankind. Medina was one of the two original advocate educators in the IRIS project team and since 2010 has been one of the national managers for IRIS, leading on supporting areas to commission the IRIS model following the research trial.

DAY 1 - 21 May 2015

09:30-17:00

SESSION 1 - INTRODUCTION

TIME	ACTIVITIES
09:30	Welcome, Introductions, Ice Breaker
	Outlook <ul style="list-style-type: none"> ○ Housekeeping, including break time ○ Training materials ○ Objective of training
	Group learning agreement <ul style="list-style-type: none"> ○ Include personal experiences/issues that the course brings up
	Overview of course <ul style="list-style-type: none"> ○ Go over IMPLEMENT Training Manual ○ Go over Day 1 Training ○ Objective of IMPLEMENT
	Your role in IMPLEMENT <ul style="list-style-type: none"> ○ GBV Advocate ○ Clinical Lead

SESSION 2 - GBV CORE CONCEPTS

10:30	GBV Myths <ul style="list-style-type: none"> ○ Go over popular myths ○ Continuum Exercise on GBV Myths ○ Group discussion & feedback
	BREAK
	GBV Overview <ul style="list-style-type: none"> ○ Definitions (VAW, DV, SV, FM, FGM, HBV)

	<ul style="list-style-type: none"> ○ Forms of GBV against women (physical, sexual, psychological, and economic violence)
	Dynamics of GBV <ul style="list-style-type: none"> ○ Power and Control Wheels ○ Impact of GBV on Women's Health ○ Impact of GBV on Children ○ Prevalence of Physical and Sexual Violence
	Leaving DVD <ul style="list-style-type: none"> ○ Group Discussion
	GBV & Health IRIS Quiz <ul style="list-style-type: none"> ○ Quiz ○ Group Feedback
	GBV health and overview within Settings <ul style="list-style-type: none"> ○ Medical power and control wheels Exercise ○ Trish Case study ○ Role of health care
13:00	LUNCH

SESSION 3 - IDENTIFYING GBV

14:00	Patient's stories <ul style="list-style-type: none"> ○ Kim's story ○ Patient quotes - Discuss ○ Catherine's story
	Symptoms, Signs and Behaviors of GBV <ul style="list-style-type: none"> ○ Indicators that a woman is exposed to violence
	Barriers in the health care system in addressing GBV <ul style="list-style-type: none"> ○ Barriers survivors face ○ Barriers health care professionals face ○ Barriers to Effective Health Services Exercise
	Requirements and Criteria for asking about GBV <ul style="list-style-type: none"> ○ How to ensure safety ○ Minimum requirements for asking ○ When is it safe to enquire? ○ Case-finding
	How to ask about GBV <ul style="list-style-type: none"> ○ First-line support and women-centered care ○ Direct/Indirect Questions ○ Body language and active listening ○ Roleplays <ul style="list-style-type: none"> ○ No. 1 ○ No. 2 ○ No. 3 ○ Clinical Enquiry Questions Exercise
	BREAK

SESSION 4 - RESPONDING TO & DOCUMENTING GBV

16:10	Responding to GBV <ul style="list-style-type: none"> ○ Key messages
	Undertaking a Medical Exam and Providing Care <ul style="list-style-type: none"> ○ Use of documentation ○ History ○ Physical Examination list

	Recording and Classifying Injuries <ul style="list-style-type: none"> ○ Informed consent ○ Body maps ○ Confidentiality ○ How and what should be documented ○ Checklist for documenting cases of sexual abuse ○ Austrian Example Documentation Form
	Photography

SESSION 5 - CLOSING

17:15	How was your day?
	Exercise - take it or leave it
	Brief check-in on next day, 08:30-16:00

DAY 2 - 22 May 2015 08:30-16:00

INTRODUCTION

08:30	Welcome <ul style="list-style-type: none"> ○ Check-in and group agreement ○ Questions from yesterday ○ Overview of Day 2 Training
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SESSION 6 - RISK ASSESSMENT & SAFETY PLANNING

	Risk Factors <ul style="list-style-type: none"> ○ Potential risk factors ○ Handout: Risk Indicators and Safety Planning
	Undertaking a Risk Assessment <ul style="list-style-type: none"> ○ Questions to ask ○ SPECSS ○ DASH ○ Safety Planning Form Example ○ Checklist for Developing a Safety Plan ○ Individual Exercise - The Case of Mrs. Y ○ Roleplay - The Case of Diolorom
	Referral Pathways <ul style="list-style-type: none"> ○ Definition of a referral system ○ Components of Effective Care Pathways ○ Roles of Clinical Lead and GBV Advocate in referring ○ IRIS Example
	Fundamental Reference Sheet
	Implement Protocol
10:30	BREAK

SESSION 7 - TRAINING & CHALLENGES

10:40	Presentations <ul style="list-style-type: none"> ○ 20 minute preparation ○ Pitch to securing a training slot ○ Introduce self and role in IMPLEMENT ○ Explain IMPLEMENT, benefits to department, individual clinicians, patients ○ Next steps and how to sign up ○ Each member of the group gives 2 positive pieces of feedback and one thing they may have done differently or included
	Overcoming Training Challenges <ul style="list-style-type: none"> ○ Training Tips Skills Exercise ○ Discussion ○ How to prepare trainings in health sector ○ Q&A
12:30	LUNCH

SESSION 8 - GBV ADVOCACY

13:30	GBV Advocate Exercise: What to do When...
	Advocacy <ul style="list-style-type: none"> ○ Best Practice ○ Do's and Dont's ○ Survivors handbook exercise (Refuge)
	Self Care <ul style="list-style-type: none"> ○ Self-Care Exercise
	Next Steps & Action Plans <ul style="list-style-type: none"> ○ Handout: Action Plan

SESSION 9 - EVALUATION

	Feedback on Course <ul style="list-style-type: none"> ○ Evaluation form
15:55	Thank you and Goodbye

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